



**Golden Cycling Club**  
**Learn to ride**  
**Youth Development Camp**  
**Saturday mornings from 9am to 11 am**  
**4 weeks starting on the 22<sup>nd</sup> April**

Golden MTN Bike learn to ride is a youth mountain bike development program for kids grade 1 through to 7 designed to teach the fundamentals of mtn bike trail riding in a safe, fun and controlled environment.

It is designed for all abilities and kids will be grouped according to their skill level.

It will consist of a 1 ½ hour skill based lesson once a week on Saturday mornings for 4 weeks, starting on the 22<sup>nd</sup> of April, 9am at the soccer fields

\$50 per child, GC2 junior membership included ,

In order to ensure we have a safe and successful camp, we would like to provide you with some information that we would like you to discuss with your child. Please review the following details so that your son or daughter is ready to ride.

1. **Rider's registration** – Please ensure you have completed and submitted the registration & waiver forms for the camp and also the Golden Cycling club membership forms at least 1 week **PRIOR** to the first session or your child will not be able to ride. **There is no on the day registration** This will ensure we have all the required information to group kids for maximum fun and have relevant info to deal with any medical concerns if they should arise.
2. **Rider's Bike Check** – The Bike Check is meant to be a preventative inspection done to ensure your child's bike is in good working order prior to the camp starting. If you are unsure about any aspect of your child's bike please take to your local bike shop and have the mechanic have a look. Golden Cycling Club members are eligible for a 10% discount on parts and labour at local bike stores. It is the FULL responsibility of each rider/parent to ensure that their bicycle is properly maintained and safe. The instructors will perform a brief safety check prior to the first session at which time if your child's bike is unsafe they will not be allowed to ride till fixed. The riders will learn how to perform their own safety check and identify any problems in following sessions,
3. **Session Start Date** – The 2017 camp is scheduled to begin on April 22<sup>nd</sup> at 9am at the Keith King soccer fields and run until 11 am, and will continue every Saturday morning for 4 weeks.
4. **Clothing/Gear/Helmet** – Please ensure your child is dressed appropriately for the weather (i.e. rain, cold, hot), as well as closed-toed shoes. All riders must have a properly fitting helmet that is adjustable around the CROWN of the child's head (this applies to all helmets other than full face helmets).  
A hydration source is STRONGLY recommended
5. **Rider Check In/Name Tags** – At the start of **EACH** session, each rider will check in at a designated area where they will receive a coloured name tag & be assigned to their skill level group identified by a coloured bib worn by the instructors. All riders must sign out after each session, to allow us to ensure all riders have returned from the daily trail ride.

